



**KARUNASHRAYA**



*Annual  
Report 2009-10*



**Mr. Kishore S Rao**  
*Managing Trustee's Message*

In the last few months there have been several advertisements describing new hospitals in and around Bangalore. They talk about the types of medical care they provide and the new and sophisticated equipment they have. In all this I have not seen any claim that they pay increasing attention to either psychological or spiritual matters concerning their patients. While Bangalore will soon become a medical tourist attraction the sad part is that the psychological and psychosocial concerns of the patients, and their families, don't seem to find a place in the wide menus being offered. One cannot help mentally comparing the care we provide with all the new offerings. From the early years of our functioning I have been observing that our version of palliative care consists of 50% medical and 50% of psychological care. Perhaps it is this predominance of attention to the mental well being of the patients and their families that is making more and more patients praise the peace and dignity that KARUNASHRAYA offers to the people they care for.

During the year under review we cared for about 10% more patients than we did in the previous year. As a matter of continuous improvement we made concerted efforts to further improve the medical part of our care. Senior appointments were made both on the medical and nursing sides and I am happy to report that these steps have begun to show positive and highly satisfactory results. While we have geared ourselves to provide top class service to our patients the sad part is that we notice a tendency for patients to seek our care very late in the progress of their disease. We are convinced that had these patients come to us earlier we would have been able to make their last few days more peaceful and dignified. Steps are being taken to encourage patients to come to us earlier.

At the end of the year we came very close to reaching the magic figure of ten thousand in the total number of patients cared for from inception. This is a singular achievement and we are happy that we could render this service. The satisfaction for us is also because three or four of the leading hospitals in Bangalore have recently set up their own palliative care units and the larger number of patients coming to us is in spite of palliative care being available in their own treating hospitals. In fact, a happy event to report is that our Chairman, Dr. S. N. Simha, has been appointed as Palliative Care Consultant in the newly set up Palliative Care unit of Manipal Hospital. Another cause for satisfaction is that Dr. Simha has been elected as President of the Indian Association of Palliative Care (IAPC). We feel that this is recognition of our excellent service because all his experience of palliative care was obtained in his work at Karunashraya.

I must thank all our stakeholders for their cooperation and help during another highly satisfactory year. We have vastly benefited from our cheerful staff at every level, from the generosity of our donors, from doctors from all over Bangalore who have referred patients to our care, from relatives of past patients who happily spread the word about our superior care, from our own Trustees who are so happy to be of assistance to our cause – for all this assistance we are truly grateful.

I have often talked about the peace and dignity at the end of life that we provide to our patients and their families. These are two factors that I believe are the birthrights of every human being. This belief is enshrined in the thinking of some great minds and I can only end this report by quoting Rabindranath Tagore when he wrote that:

*Death is not extinguishing the light.  
It is putting out the lamp because dawn has come*

- Rabindranath Tagore

## **BOARD OF TRUSTEES**

**Dr S.N.Simha**

Chairman

**Mr. Kishore S Rao**

Managing Trustee

**Mrs. Kala Devarajan**

Treasurer

**Mr. Ajith Kumar Rai**

**Mr. Cyrus Unwalla**

**Mr. Gurmeet S Randhawa**

**Mr. Karthikeya Reddy**

**Dr Latha Jaganathan**

**Dr. Mary Ollapaly**

**Mr Pravin Dave**

**Mrs Sheila Premkumar**

During the year

**Mr. Prabhakar Bothireddy** retired  
and **Mr Karthikeya Reddy** took over as President  
of the Rotary Club of Bangalore, Indiranagar

1st May, 2009 – a memorable milestone in the history of Karunashraya. Ten years of giving care to the advanced stage cancer patients. This was an occasion that had to be celebrated and with encouragement from our well wishers and dedicated volunteers and staff, we did just that.

1st May was the date on which our first patient was admitted in 1999. This day is celebrated by us as Memorial Day. We invite our ex-patient's relatives and other discharged patients who are in their own homes for the time being, to come and participate in the function at Karunashraya. The in-patients in Karunashraya at that time are brought out to the front to partake and enjoy the entertainment that is arranged for the day.

On the occasion of our tenth anniversary Mr. Vikram Suri and Ms. Namitha Rao of Surya Kalavidaru presented a dance drama on the story of Mohini Bhasmasura. As the performers were professionals it was very well done and everyone enjoyed the performance.

One of our ex-patients Mr. Anand gave a noteworthy dance performance.

Our chief guest for the evening was the noted actor Mr. Ramesh Aravind. He was touched by the work being done here and gave a speech encouraging the care takers at Karunashraya.

We had conducted a raffle draw and the prize winning numbers were drawn by Mr. Ramesh Aravind. With the help of volunteers and donors we were able to give away very good prizes to the winners.

As a part of our tenth anniversary celebrations on 2nd May there was a contemporary dance performance by Ms. Madhu Nataraj and the Natya Stem Dance Kampini. This was also a well-attended function and the dances were appreciated by the discerning audience.



# Ist May

1st May was the date on which our first patient was admitted in 1999. This day is celebrated by us as Memorial Day.



**Introduction:**

This is an extract from the diary of Ms.Elizabeth Jackson the mother of a student nurse who worked here, in Karunashraya. Elizabeth came to spend a week at the hospice.

**17/02/10**

Karunashraya with its 50 beds, was opened in 1999 having taken 3 years to construct. It is built on government owned land and is on a 30 year lease. Monies were raised locally with a major boost from Rotary Club Indranagar and the Indian Cancer Society. Some individuals have sponsored rooms, but the whole works are run entirely on donation, from fundraising and general collections.

A great many of the patients are brought in by concerned relatives, some are transferred from Kidwai the cancer hospital or one of the larger private hospitals, and some come from the streets having no one in the world to care for them. Many are there only for a few days before they die but the love and care they receive in some way makes up for all their hurt.

**18/02/10**

Ward round this morning and I have been detailed to spend sometime with 2 male patients, one lung cancer with brain metastases in his 60's and another early 30's who has had successful surgery for a brain tumour but has been left with no speech, his understanding is perfect. His legs were semi paralysed but he has physio everyday and this is improving so that he is now able to shuffle with help.

**19/02/10**

2 female patients nearing the end of their lives will be moved to private rooms presently, both with maxillary tumors. On average there were 2 deaths per day during my stay. There are atleast 3 counsellors on duty each day who liase between patient, relatives and staff. They work very efficiently and encourage staff, as well as patients to discuss any fears or sorrows. The large number of deaths must take its toll on the staff.

**21/02/10**

Up late this morning, no mass, met one of the volunteers who does painting and bingo with patients who are able. Went to chat with my patients, then to one of the community nurses houses where her husband had made a lovely curry for me with rice flour pancakes and a very sweet drink made from mung beans, ground nuts, sugar and tamarind seed.

**24/02/10**

Today, I went out with the community nurses in the Hospice auto rickshaw. These were mostly Supervisory visits, a breath taking oral morphine, a maxillary who was not taking her medication as her mouth was so sore, a gentle man with a neck tumor .

**25/02/10**

My last day, the time had passed so quickly. Mass at the Carmelite convent and the usual rounds and dressings. My patient who is having physiotherapy was up on his feet today on a walking frame. I did so wish I could have given him a nice light frame instead of the heavy contraption he had. But credit must go to those who have worked so hard to get him this far. Sad to leave all the patients who have let me share in their lives. All those I met were very gentle and expected nothing out of life. So it was rewarding to see how well they were cared for in their last days and I have nothing but admiration for all the staff who look after them, both trained and voluntary. Hygiene is high and the floors are washed with disinfectant x2 daily with no bacterial infections. Tonight, I gave a party for the nurses and kitchen staff. I was glad to be able to do something for them, since they had given me so much in love and friendship.

Elizabeth Jackson

( The Annual Fair took place in May and a sum of Stg Pounds 14,000/- was collected 50% of which will be given to Karunashraya and 50% to a charity in their country. Our sincere appreciation for the efforts of Ms Jackson is placed on record)

***Do not be afraid to take a big step  
when one is indicated.  
You cannot cross a chasm  
in two small steps  
– David Loyd George***



## Our Health Assistant Trainees

This is a brief description of our youngsters who start their 6 months training to become our future Health Assistants.

A bunch of young girls from different backgrounds : naïve, insecure and unsure of what lies ahead of them at Karunashraya. When these young teenagers enter Karunashraya, they are not familiar with anyone, including their classmates. They step out of their homes in their villages and away from their family members and their familiar surroundings for the first time ever in their lives.

Most of these girls are surprised to know after a few days, that their training including their boarding, lodging and everything else is given to them free of cost.

A few days go by and they get to know their classmates. They gradually become familiar with the other members in Karunashraya especially their Senior Akka's whom they look upon as their role models. These youngsters have their mood swings in plenty and find it difficult to adjust with their room mates. They are encouraged and constantly advised by their tutors and counselors about the need to adjust with each other, because the profession they have chosen cannot be fulfilled without adjustments and patience with others. After a few weeks they start shedding their differences, learn to give and take, forgive and forget, and become one united batch of students. Thanks to the different subjects included in their curriculum and to the staff and volunteers who listen patiently to their emotional problems and squabbles, which are patched up the trainees start to shape up well. This itself is a big change and relief for the trainees and the others who deal with them. It gives a great sense of satisfaction and feeling that we have crossed one big hurdle. The students by now, gain a lot of confidence and start expressing themselves better. This major

change is due to the exposure that they have at Karunashraya.

Along with theory classes, the girls start their practical training in the wards at the Hospice, working with different types of patients and dealing with difficult types of sufferings. The first few days or weeks are nightmarish for the trainees, since they have never been exposed to the realities of death. Most of the trainees have sleepless nights, loss of appetite, etc. But the constant coaxing and solace given by the nursing sisters in charge and their services are amazing. They gradually get over their fear. This can be noticed, because they share their experiences and feelings about the patients and their relatives. These girls genuinely feel sympathetic and they start realizing that their own problems are nothing when compared to the ones who suffer in the Hospice .

These Health Assistants are really fortunate to have been trained in a place like Karunashraya, which is a Hospice. They get to work with patients for a long period of time with proper guidance from the doctors and trained senior nurses. This facility is not available in most of the institutions which give a similar type of training. This brings out the fact that "Practice Makes Man Perfect".

To sum up, it can be said that the Health Assistants from Karunashraya are well trained by the end of their training period to handle patients with love and care. This is mainly because of the training, the support and affection they get from the management, staff and volunteers at the Hospice. One cannot help but notice at the Valedictory function that the girls going up to receive their certificates are not the unsure shy girls who joined the course six months earlier, but smiling confident girls ready to go on ahead.

### PADMA RAJASHEKHARAN



## The Benefits of Physical Therapy for Cancer Patients

### Miss. Reejamol Mathew, BPT.

(Physical Therapist, Karunashraya)

Every year, approximately one million or more people are diagnosed with cancer of some kind globally. After the shock of diagnosis, the trauma of surgery and the grueling months of chemotherapy and radiation, several cancer survivors face difficult physical and psychological problems. Physical therapy (PT) has proved to be one of the many complementary cancer treatments that would help to ease several of the lingering physical problems of cancer patients, resulting in the enhancement of their psychological well-being as well. Hence, physical therapy is meant to complement medical, surgical and palliative treatments, and not to replace them. The goal of physical therapy for cancer patients is to provide a better overall quality of life by increasing their mobility and flexibility, self care ability, pain reduction and patient safety.

To attain this goal of physical therapy, the physical therapists create a physical fitness regimen, consisting of cardiovascular, flexibility and strength training. Exercise - even minimal physical exertion - increases heart rate and muscle flexion that boosts body's tolerance to chemotherapy and radiation treatments. Exercise programs combine range-of-motion training with resistance training to provide the patients with the right amount of exercise for safely performing every day activities, such as walking, climbing the stairs, getting in and out of the shower or toilet room, and performing other daily activities. Such exercises, designed for cancer patients who are capable of maintaining independent self-care, will help to identify and address strength and stamina deficiencies before fatigue increases to debilitating levels. This would instill the patients with the motivation and the drive for optimal wellness, because the ability to perform some level of physical activity by themselves during and after cancer treatment would increase their self-confidence, ensuring the reduction of stress, prevention of fatigue and improvement of overall quality of life. Thus, participating in daily exercise programs will enable the cancer patients to gain a sense of physical control over their ill-health-condition, and will provide an outlet for stress, depression and anxiety.

Another concentration of physical therapy for cancer patients is pain reduction. Pain reduction is achieved through modalities such as hot and cold packs, massage and stretching, and electrical stimulation (TENS), depending on the need and condition of the patients. Stretching is a beneficial activity to relieve joint stiffness and pain, and at the same time improving overall mobility and range-of-motion such as enhancement of the performance of everyday activities, improvement in maintaining body posture and muscle balance, and increase in alertness and injury prevention.

One of the side effects of cancer treatment is lymph edema. The lymph system is part of body's immune system. Body fluids are strained through the lymph nodes, where body can weed out and destroy foreign bodies. Commonly, with breast cancer, the lymph nodes in the arm are removed, as this tends to be



a site where cancer cells accumulate. When these nodes are removed, the lymphatic fluid does not drain well and lymph edema can occur in the arm. Lymph edema presents as swelling and can be somewhat controlled with positioning, modalities (such as electrical stimulation), massage and compressive wrapping. Thus, physical therapy can be an important part of a person's treatment for, and recovery from, cancer. It is important to initiate any kind of treatment as early as possible after a diagnosis of cancer in order to get the most possible benefit. While this holds especially true for medicinal treatment, an early start to complementary treatments can help to minimize secondary symptoms and, more importantly maintain a patient's functional independence and quality of life.

To everyone's surprise and also great deal of curiosity, several cancer patients excitingly experience improvement in mobility, independence and pain-relief as a result of physical therapy. For example, Murali Mohan, a 33 year old patient diagnosed with grade 3 oligodendroglioma and right hemiplegic, has been completely bedridden ever since he was admitted in Karunashraya in August 2008. He had lost his hope to stand up one day and stay on his feet and walk around like others. Consequently, he was found often times depressed. But within a few weeks after the start of physiotherapy in the first week of December 2009 he began to manifest dramatic improvement, which, in turn, increased his self confidence and hope, and hence, he became more cooperative with the therapeutic techniques. By the end of January 2010, he started walking with the help of walker under the supervision of the physical therapist. Thereupon, he was discharged and is now peacefully doing his daily activities by himself at home. Like Murali, there are several other patients who benefit from the fruit of physical therapy techniques and experience relief from their physiological as well as psychological discomforts.

*It is not only for what we do that we are held responsible, but also for what we do not do*  
– Moliere



## The Power of prayer

Mrs. Jayamma [name changed] aged 50 years, is married but separated from her husband for the last 25 years. Five years after their marriage her husband married another woman, but till then they were very affectionate and living happily. She was very shocked and surprised about her husband's second marriage. As a positive person she did not take any sudden decision about her life. She brought up the second wife's children also. After a few years she decided to live alone with her own son. As a single mother she was balancing her life carefully and putting in all efforts to bring up her son.

Even though she was a very spiritual and positive person, one day she was in a very sad mood and therefore she started to read the spiritual book BHAGAVADGITA to console and calm herself. After reading the Bhagavadgita she felt very relaxed and realised some of the values of life. She continued to read and practice what she read and did pooja. Years later she has got the courage to lead her life alone in society. She was expecting her son to do well and have a bright future.

One day suddenly she fell sick and was hospitalised and diagnosed as having cancer of the cervix. On hearing this shocking news she collapsed. When Jayamma was admitted to Karunashraya she came with a lot of mental and physical pain and with all the medical procedures done. After a few days of our care she was improving. Through counseling we found out about her spiritual beliefs and practice. As per her wishes we gave her god's picture on seeing which she was very happy and had tears in her eyes. Again she has started reading spiritual books and practice pooja also. After reading these books she has realized that death is inevitable and universal and pains and problems will make us stronger. This positive attitude helps her bear her tribulations with fortitude.

**NAGARATHNA**

COUNSELLOR

## Fate

Rama (name changed) was 30 years old. Her native place was Bangalore and she was married with a son. Their family was a happy family. Rama was a person who feared diseases a lot because two of her family members died from cancer and she feared that she would also die from cancer. Hence, she donated blood every year and used to go for regular check-ups. Though she took all these preventative measures, one day a tumour appeared in her breast on seeing which she got scared and the next day she went to the hospital where it was diagnosed as cancer. Once she came to know that she had cancer she underwent an operation and the tumour was removed. Later when she was undergoing the necessary treatment, a tumour appeared in her other breast. Then, the doctors said that they couldn't do anything more and the patient also did not want to take any further treatment.

Rama was a very spiritual person and believed in helping others and hence she was saddened that though she had done so many good deeds, she got this disease. At this point she felt that it would be better to die rather than suffer. At this time both husband and wife remembered Karunashraya as both their relatives died here from Cancer. Rama was the one who took care of both her relatives when they were suffering from cancer. She knew everything about Karunashraya. After coming here she was saddened seeing the rooms and the beds where her relatives had died. She said that she was scared as she has seen her relatives suffer. She knew about the services rendered by Karunashraya. She said that she did not fear death but she could not believe that she got this disease even after having taken so many preventive measures. She said that this must have been what fate had in store for her. Saying this she tried to console herself. She was not thinking about her pain, disease or death. The only question which arose in her mind all the time was 'why me'. She said that when she got this disease she remembered Karunashraya and if Karunashraya was not there she would have committed suicide. "Seeing the environment in Karunashraya and the support of my family members and also the staff, my wish is that even after my death, my family members should help Karunashraya" So, her family members are in touch with Karunashraya even now and through donations are helping the other patients here.

**POORNIMA PRAKASH**

COUNSELLOR





Dear Harley

Yes, he was "Dear Harley" to Mrs & Mr Narendra Jhangiani who brought him up. He was with them for a good fifteen years before he breathed his last breath.

One morning Mr Jhangiani walked into Karunashraya . After seeing the whole institution and understanding the work we do here, he told us that his wife had asked him to make a donation in memory of Harley their pet of fifteen years that had passed away recently. His wife was in Paris and a friend of his had suggested looking at Karunashraya.

A week later we did receive a good donation from Mr Jhangiani and we express our sincere gratitude to him for selecting Karunashraya for making the donation.

The numbers tell a story of our assets, liabilities, revenues and expenses but the real story of Karunashraya is about its people . . . the patients, their loved ones, and the people who work selflessly to bring a ray of light into their lives.

Chandini Janardhan, a volunteer with us, put together JOY OF A LIFETIME, a project to bring joy into the lives of cancer patients at Karunashraya. It was designed to help patients and their loved ones shift focus from their pain, suffering and fears of the inevitable, to creative activities such as drawing, painting and various games where even patients confined to wheel-chairs could easily participate. For many patients and relatives, participating allowed for some days that were better than others and precious memories of the last days.

Over the last year, the frequent power cuts led to increased usage of the generators thus increasing fuel costs. We took a decision to solar power Karunashraya, and thank you "Donors" for making this possible.

At a program called Common Purpose which aimed to improve the way organizations worked, Mr K.S Rao gave a talk on how he shifted from the corporate world to that of a charitable trust. Ms. Hema too spoke on her experience joining Karunashraya after having worked at Bank of India for years. Ms Gulbano spoke on how she emerged as a leader in her own capacity and grew in knowledge having worked in Karunashraya for the past ten years.

IAPC organized a Workshop on End of Life Care at Karunashraya which was attended by about 35 members. There was also a Workshop on Media Relations which gave us an insight into how the media could become our partners in improving Palliative Care provision in India. Dr Prakash Gangdev, Associate Professor, Department of Psychiatry, University of Western Ontario gave a talk to all staff on forgiveness and overcoming anger.

Rotaractors from Rotary South-West presented SMILE, a fund raiser in aid of Karunashraya in the form of a Woody Allen Comedy called GOD. At the Prestige Ozone Annual Day the awareness campaign done by Ms Hema and Gulbano resulted in an on the spot collection of Rs16, 411/. Cisco conducted a provision drive from Feb 22nd to March 5th and collected enough provisions and cash to support Karunashraya kitchen for three months.

It was good year for awareness. Letters were sent to about 500 doctors giving them information about our facility. Students of Jain University in association with several other NGO's and Radio Active CR 90.4 conducted a walkathon to spread awareness of Cancer on World Cancer Day in which Karunashraya participated.

We also collaborated with a number of organizations, sharing and gaining knowledge. Dr Reena and Sister Maria attended a basic course in Palliative Care at St Johns Hospital. About twenty nurses from Kidwai Institute of Oncology came to Karunashraya for a full day orientation course. Several staff from Karunashraya attended the XVII International Conference of Indian Association of Palliative Care. Dr S.N Simha was elected as President of the International Association of Palliative Care, which was a proud moment for us. Sr Theyamma and Sister Prabha from Satya Seva Catechist Sisters of the Families joined Karunashraya and were here for a period of three months to gain experience in Palliative Care. We also inaugurated the 14th Health Assistants training programme at Karunashraya this year.

There were many fun moments and many distinguished visitors. Voices for Hospice organized a food and fun Fair with lots of games, food, music and dance. There was the Staff Annual Day with awards and entertainment and lunch sponsored by Mr Suresh Bagilthaya. Mr Azeem Premji & his wife Yasmeen Premji visited Karunashraya. Anuradha Bhat came to sing for us and the music was enjoyed by one and all.



## What a unique gesture !

Mrs Vimala Reddy was approaching her 80th birthday and her family members were planning a nice get together of her family and friends. When Mrs Vimala got to know about this, she made it known that she had one request. Instead of any personal gifts that the invitees may like to bring her, she wanted them to make donations in favour of the Bangalore Hospice Trust. This request was printed on the invitations that were sent out and we are happy to state that a total sum of Rs.57,608/- was handed over to us by Mrs.Vimala. Our sincere thanks for this unique gesture.

## Donations of Rupees one lakh and above.

2009 - 2010

Pathi Sridhara Shantha Charitable Trust	700000
Mr. Aamir Khan	500000
Ms. Hema Hattangady	500000
Ms. Anjali Nalkur	500000
Mrs. Sudha Janardhan	400000
M/s. Canara Bank	306500
M/s. Allansons Limited	300000
The Executor Estate of Donald Alistair	257850
Mr. R. Ganesh	246000
Overseas Women's Club	208000
Mrs. Leela Praneshacharya Jagirdar	200000
Mandyam Annadhoray Family	200000
R. Jhunjhunwala Foundation	200000
Mrs. Sudha Raman	200000
TVS Motor Co. Ltd	146601
M/s. Cisco Systems (I) P. Ltd	124406
Dr. Malini Memorial Charity Trust	100005
Mr. S. Kanthimathinathan	100000
Bangalore Indiranagar Rotary Trust	100000
Mrs. K. R. Vijayalakshmi	100000
Mr. K.S. Karanjia	100000
Mr. L. Shivappa	100000
Wing. Cdr. T.S. Murthy ( R )	100000
Mr. S. S. Mahadevan	100000
Mr. Harishchandra Setty	100000
Mr. Damodar Nawka	100000
Ariez Kothavala Memorial Trust	100000
Mrs. Gomathi Hariharan	100000
M/s. Ambassador Tours & Travels	100000
Subhadrammal Charitable Trust	100000
Dr. Jayashree Simha	100000
Mr. Mukund Narasimhan	100000
Global Cancer Concern P. Ltd	100000

*The journey of a thousand miles begins with a single step – Lao Tzu*



### Grow A Tree

Today, I have set a seed to grow  
In time it becomes a tree  
I know, what I have done today  
Will save humanity

To grow a tree is service  
That, we are bound to do  
So pick up a spade and start to dig  
To set a seed or two

Our city needs a lot of trees  
It is beauty to restore  
Imagine how things will look  
If trees are made to grow

This call is to the nation  
Make it compulsory  
To note down as a must today  
That, you will grow a tree

*(This poem was penned by Mr. Peter,  
a patient who passed away at  
Karunashraya on 6th April 2010)*

### Bangalore Hospice Trust Balance Sheet as on 31st March

Particulars	Sch. No.	2010	(All amounts in ₹) 2009
<b>Sources of Fund</b>			
Capital Funds	1	123,062,369	108,353,759
<b>Total</b>		<b>123,062,369</b>	<b>108,353,759</b>
<b>Application of Fund</b>			
Fixed Assets	2	15,539,033	15,997,438
Investments	3	34,910,000	38,610,000
Current Assets			
Cash & Bank Balances	4	69,715,430	52,098,332
Current Assets, Loans and Advances	5	3,085,153	2,427,632
		72,800,583	54,525,964
Less: Current Liabilities	6	187,247	779,643
Net Current Assets		72,613,337	53,746,321
<b>Total</b>		<b>123,062,369</b>	<b>108,353,759</b>

As per our report of even date attached

For **VARMA & VARMA**  
Chartered Accountants  
FRN 004532S

**Dr. S. N. Simha**  
Chairman

**Kishore S. Rao**  
Managing Trustee

**Kala Devarajan**  
Treasurer

**GEORGY MATHEW**  
Partner  
M No. 209645

**Bangalore Hospice Trust**
**Schedules to Balance Sheet as at 31st March**
**Schedule 2**
**Fixed Assets**

Name of the Asset	Depreciation Rate	Opening balance as on 01.04.2009	GROSS BLOCK				DEPRECIATION			WDV	
			Additions during the year				Opening balance as on 1.4.2009	For the year	Closing Balance as on 31.3.2010	As On 31.3.2010	As On 31.3.2009
			More than 180 days	Less than 180 days	Deletions during the year	Total					
<b>Building</b>											
Roads	5%	610,858	-	-	-	610,858	225,534	19,266	244,800	366,058	385,324
Building	10%	27,056,396	-	-	-	27,056,396	15,683,641	1,137,276	16,820,917	10,235,480	11,372,755
Dormitory 1st Floor	10%	2,740,205	-	-	-	2,740,205	397,329	234,288	631,617	2,108,588	2,342,876
<b>Plant &amp; Machinery</b>											
Ups And Batteries	15%	271,587	-	-	-	271,587	79,192	28,859	108,051	163,536	192,395
Telephone Equipments	15%	231,507	-	-	-	231,507	52,283	26,884	79,167	152,340	179,224
Washing Machine	15%	213,980	-	-	-	213,980	98,996	17,248	116,244	97,736	114,984
Sound System	15%	62,531	-	-	-	62,531	28,929	5,040	33,969	28,562	33,602
Medical Surgical Equipments	15%	39,276	-	112,246	-	151,522	27,595	10,171	37,766	113,756	11,681
Motor Pump	15%	38,625	-	-	-	38,625	32,058	985	33,043	5,582	6,567
Kitchen Equipments	15%	-	13,956	-	-	13,956	-	2,093	2,093	11,863	-
Xerox Machine	15%	-	54,000	-	-	54,000	-	8,100	8,100	45,900	-
Solar Lighting Systems	80%	-	-	1,389,310	-	1,389,310	-	555,724	555,724	833,586	-
Sewage Water Plant	100%	1,153,874	-	-	-	1,153,874	1,153,873	-	1,153,873	1	1
Rainwater Harvest	100%	-	-	387,900	-	387,900	-	193,950	193,950	193,950	-
<b>Computer &amp; Accessories</b>											
Computer & Printer	60%	118,630	10,000	-	-	128,630	42,361	51,761	94,122	34,508	76,269
<b>Furniture &amp; Fixtures</b>											
Furniture And Fixtures	10%	556,962	24,995	14,124	-	596,081	142,392	44,663	187,055	409,026	414,570
Curtain Fittings	10%	64,397	-	-	-	64,397	41,494	2,290	43,784	20,613	22,903
Godrej Steel Almirah	10%	8,344	-	-	-	8,344	2,261	608	2,869	5,475	6,083
<b>Vehicles</b>											
Tata - Winger	15%	647,958	-	-	-	647,958	48,597	89,904	138,501	509,457	599,361
Auto Rickshaw	15%	412,690	-	-	-	412,690	189,470	33,483	222,953	189,737	223,220
Motor Cycle TVS - XI	15%	25,440	-	-	-	25,440	9,817	2,343	12,160	13,280	15,623
<b>Current Year Total</b>		<b>34,253,260</b>	<b>102,951</b>	<b>1,903,580</b>	<b>-</b>	<b>36,259,791</b>	<b>18,255,822</b>	<b>2,464,936</b>	<b>20,720,758</b>	<b>15,539,033</b>	<b>15,997,438</b>
Previous Year Total		32,150,522	4,452	2,119,286	21,000	34,253,260	16,525,924	1,729,898	18,255,822	15,997,438	15,624,598

*Never mistake knowledge for wisdom. One helps you make a living, the other helps you make a life – Sandra Carey*

**Bangalore Hospice Trust**

Income and Expenditure account for the year ended 31st March 2010

Particulars	Sch. No.	(All amounts in ₹)	
		2010	2009
<b>Income</b>			
Donations Received	7	8,247,721	8,922,667
Interest Received	8	8,125,988	7,286,939
Other Receipts	9	1,261,751	316,934
<b>Total</b>		<b>17,635,460</b>	<b>16,526,540</b>
<b>Expenditure</b>			
Expenditure	10	10,336,394	7,825,549
Depreciation	3	2,464,936	1,729,898
Project Expansion Fund		4,500,000	6,500,000
<b>Total</b>		<b>17,301,331</b>	<b>16,055,447</b>
Excess of Income over Expenditure for the year transferred to general fund		334,129	471,094

Significant accounting policies and Notes to Accounts - Schedule 11

**Dr. S. N. Simha**  
Chairman

**Kishore S. Rao**  
Managing Trustee

**Kala Devarajan**  
Treasurer

**For VARMA & VARMA**  
Chartered Accountants  
FRN 004532S

**GEORGY MATHEW**  
Partner  
M No. 209645

**Acknowledgements**

We are grateful to each and everyone of our donors, big and small who have made it possible for us to continue our services to the needy.

We express our gratitude also to:

The Kidwai Institute of Oncology,

The Bangalore Institute of Oncology and Manipal Hospital for patient referrals.

Mrs Maya Rao and Ms Madhu Nataraj, Mr Vikram and Ms Namitha Suri.

for performing for us free of charge.

Mr Arun of Acoustic Controls for providing us free sound on 1st May

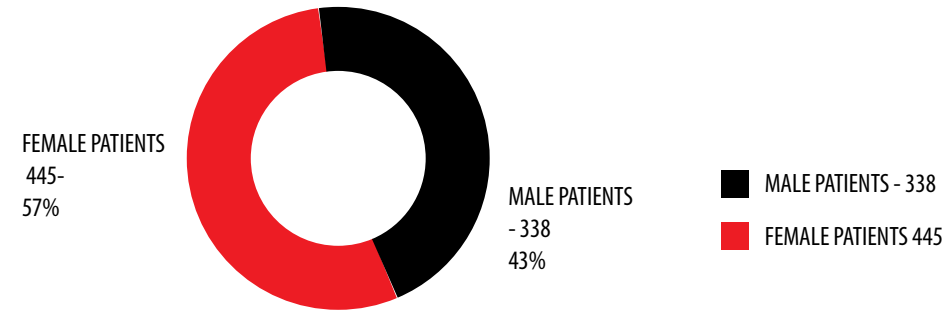
Mrs Priya Nayak for the beautiful photographs of flowers taken by her.



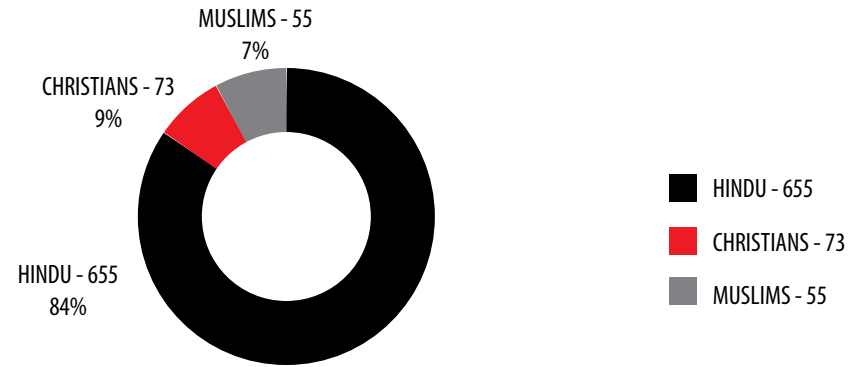
*The future belongs to those who believe in the beauty of their dreams  
–Eleanor Roosevelt.*

## IN - PATIENTS AT KARUNASHRAYA

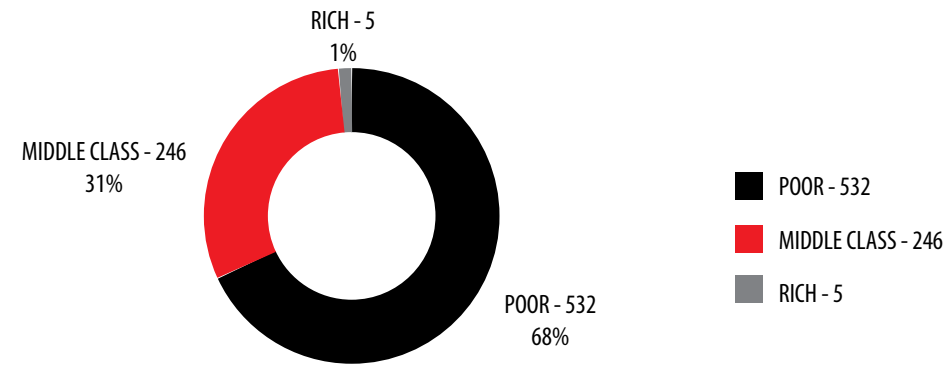
### TOTAL PATIENTS



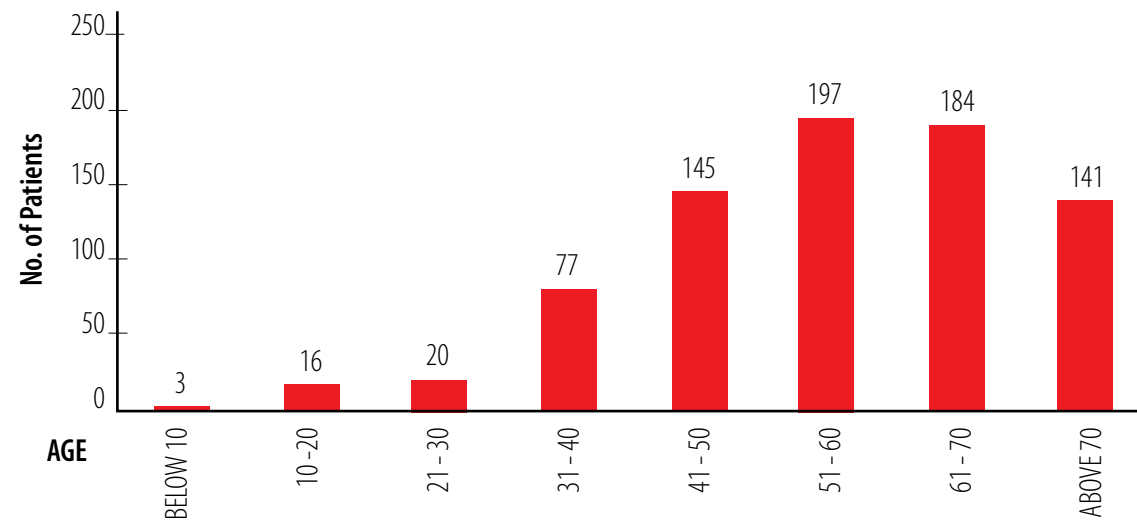
### RELIGION WISE



### ECONOMIC PROFILE

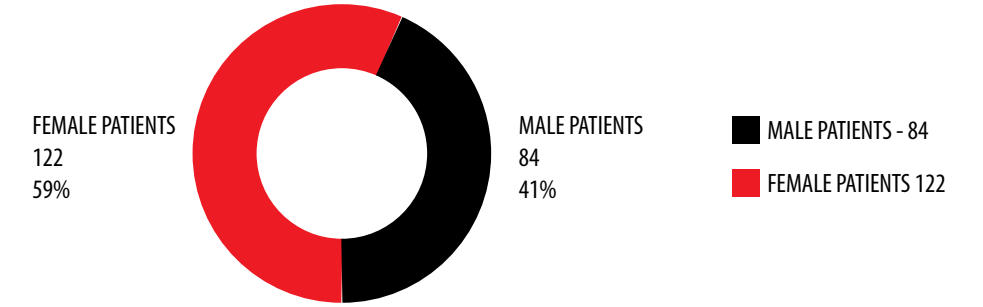


### AGE GROUP

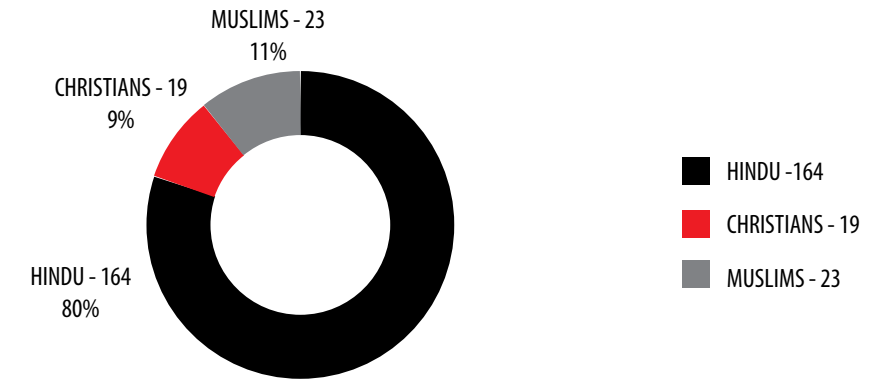


## HOME CARE PATIENTS

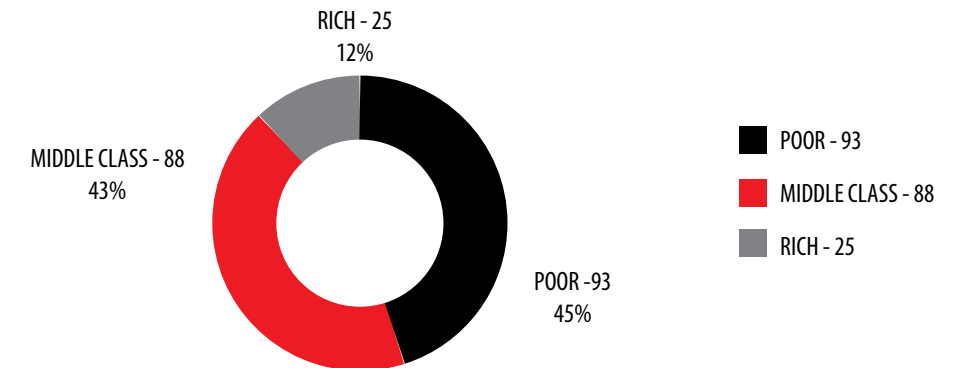
### TOTAL PATIENTS



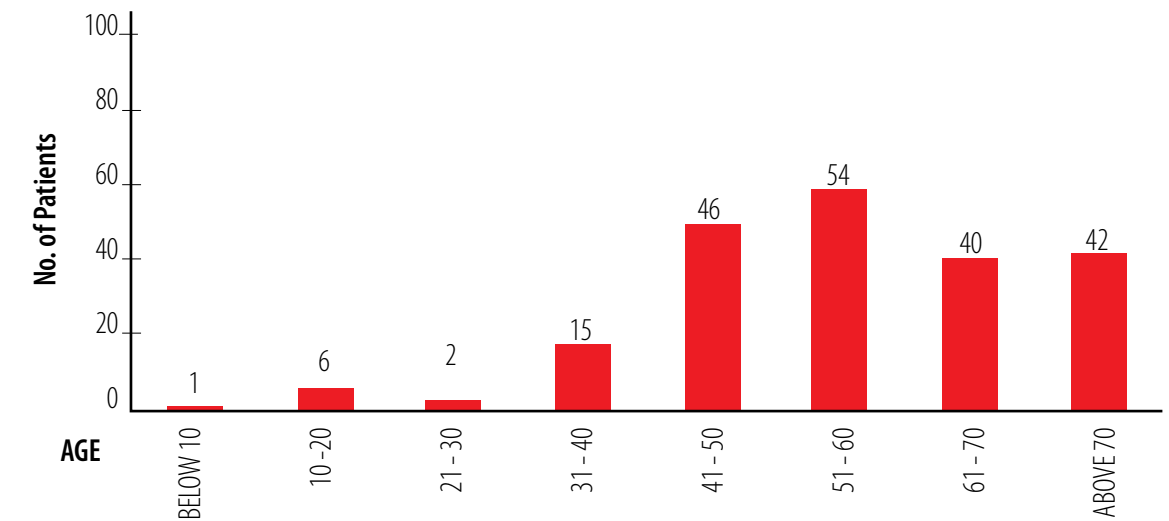
### RELIGION WISE



### ECONOMIC PROFILE



### AGE GROUP





**KARUNASHRAYA**

**The Bangalore Hospice Trust**

(A joint project of the Indian Cancer Society and Rotary Club of Bangalore, Indiranagar)

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